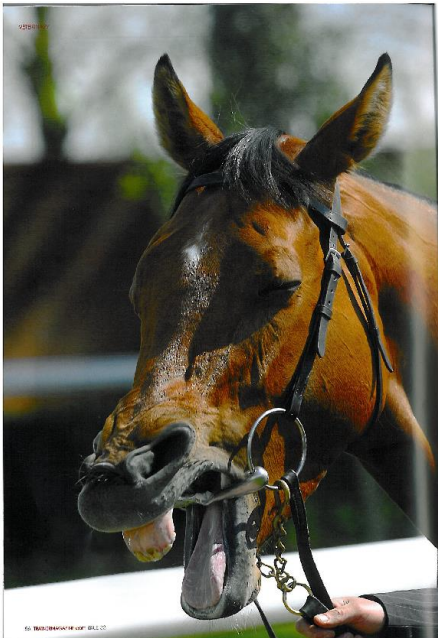


## TONQUE PRESSURE AND TENSION

### THE TONGUE FILLS THE ENTIRE MOUTH CAVITY



### ANYTHING WE PUT IN HIS MOUTH WILL CAUSE SOME RESTRICTION OF THE TONGUE



Think of how you feel when you are at the dentist and you cannot swallow →



← Think of how localised pain or tension affects your entire body; your ability to move properly; and your mood!

### ARE WE AIMING FOR CONTROL? – or COMMUNICATION?



### THEY COME THROUGH RESISTANCE or RELAXATION